



Meet the Team

Case Management, Vermont

Leadership and Human Resources



Theresa Rickard - State Director

trickard@benchmarkhs.com

Theresa has devoted her career to working in the human services field. With a wide variety of experience Theresa began her work in in behavioral assessments with children before moving into the mental health field within the hospital system and finally, then finding her path with developmental services. It was not long after becoming a case manager she found a renewed sense of direction working with these individuals who shine light and bring joy into our world. With a deep commitment to person-center care and community inclusion Theresa works to ensure that all Vermonters with developmental disabilities have access to the supports they need to live meaningful, self-directed lives. When she is not working, you can find Theresa with her family and two dogs. In the summer, they are usually at the pool or in the garden before the colder months close in and they are headed to the mountain or the hockey rink.



Jennifer Savard - Office Coordinator/HR

jsavard@benchmarkhs.com

My name is Jennifer Savard. I am excited to be a part of the Benchmark team in Vermont as the Human Resource and Office Coordinator. I graduated from Champlain College with a degree in Social Science. Before Benchmark, I was a director for a childcare program for 28 years. I have a strong attention to detail as I managed all of the office responsibilities, hired and trained staff, and led a preschool classroom of 20 children. I am a wife, mother of 3 beautiful girls, and a new Grammy. I love spending time with my family, being outside, and watching a good TV series.